



Adult Participant Waiver, Release of Liability, & Assumption of Risk

Welcome to A Ballet Circle (ABC)!

Our classes and rehearsals are designed for adults of all backgrounds, levels, and bodies. Ballet is joyful, expressive, and empowering—and like any physical activity, it involves some inherent risks. This waiver helps ensure that everyone participates with clarity, consent, and shared responsibility. Please review the full document before signing up for our services. We look forward to seeing you in the studio!

By signing up for ABC services, I acknowledge and agree to both [ABC's community conduct](#) as well as to the following:

1. Age Requirement

I confirm that I am **18 years of age or older** and legally able to sign this agreement.

2. Voluntary Participation

I understand that participation in ballet classes, rehearsals, workshops, and performances offered by ABC (“Activities”) is completely voluntary. I choose to participate of my own free will.

3. Assumption of Risk

I understand that ballet and physical movement may involve risks, including but not limited to:

- Muscle strain or soreness
- Slips, falls, or collisions
- Joint or soft-tissue injuries
- Other physical injuries that may occur during movement

I accept full responsibility for my participation and for listening to my body, modifying movements as needed, and stopping if something feels unsafe or painful.

4. Release of Liability

I release and hold harmless **A Ballet Circle (ABC)**, its instructors, organizers, volunteers, and any rented studio spaces from any and all claims, demands, or causes of action arising from my participation in the Activities, **except in cases of negligence or intentional misconduct**.



5. Health & Medical Responsibility

I acknowledge that:

- Instructors are not medical professionals.
- It is my responsibility to ensure I am physically able to participate.
- I will communicate any injuries, limitations, or concerns to the instructor as needed.

ABC welcomes dancers of all bodies, abilities, and experience levels. Dancers are encouraged to communicate any access needs, injuries, or movement limitations so instructors can offer modifications and support.

6. Personal Conduct & Safety

I agree to:

- Follow instructor guidance and studio policies
- Respect my own physical limits
- Maintain awareness of others in the space

7. Anti-Harassment & Kind Space Policy

ABC is committed to maintaining a space free from discrimination, harassment, and intimidation.

I agree to:

- Foster kindness, compassion, and respect for all identities, including gender, race, age, body type, ability, sexual orientation, and cultural background.
- Avoid any behavior that targets, isolates, or repeatedly pressures another dancer.
- Accept that ABC leadership may intervene if behavior creates discomfort for others even if I did not intend harm.

I understand that repeated violations including lack of respect for the community conduct may result in removal from rehearsals, performances, or ABC activities.



8. Media & Name Sharing Permission

A Ballet Circle (ABC) occasionally captures photos or videos for community sharing and promotional purposes. I understand I may be photographed or filmed during classes, rehearsals, or performances and that these images or videos may appear in ABC's promotional or social content.

If I sign up for performance auditions, I understand that my provided name will appear on cast lists shared with all participating dancers. No other personally identifiable information will be shared with other participants.

If I sign up for photoshoot events, I understand that my photos may be shared in either ABC's or the photographer's promotional or social content.

9. Emergency Procedure

In the event of an injury or emergency, ABC may contact emergency services if needed.

10. Acknowledgment

I confirm that I have read and understood this waiver, and I agree to its terms. I understand that this agreement applies to all current and future Activities with ABC.

I understand that ABC has the right to remove or ban me from activities should I refuse to pay or abide by the above document.



Dancer

Name: _____

Signature: _____

Date Signed: _____

ABC Director

Name: Amandine Kuebler

Signature: *Amandine Kuebler*

Date Signed: 5/13/2026

*Digital signature is created by checking the required agreement box at registration or checkout, and is legally binding.